

## Family Caregiving – A Team Effort

*Dear Caregiver,*

*Take advantage of this time together to talk about the current and future needs of your loved ones. It's important to discuss:*

*What is their level of mobility? Are they planning any surgeries? What sort of home modifications are needed? What about emergencies you can't plan for?*

*A simple solution to many of these concerns, yet often overlooked, is an overbed table.*

*Have you ever thought about why every single room in a hospital has one? With over 5,000 hospitals in the US, they must be onto something, right? They know that overbed tables bring comfort, convenience, and safety to the bedside. **So why not enjoy those things at home too?***

*When we set out to design this product, we spoke to countless family caregivers and people with limited mobility to identify all the features that would make their lives easier. The result was the atHand Overbed Table System.*

*How can it help you?*

It can be hard living with limited mobility and even harder for your loved one to rely on others to help with even the simplest tasks. Whether they need help reaching a light switch or charging a cell phone, everyday activities can quickly feel cumbersome.

The at-home care experts at Integrant designed the perfect bedside product to help complete everyday tasks with ease and without injury; saving money on in-home care or medical costs due to an accident.

Don't settle for them always having to ask for help or risk injury by getting up to retrieve items when it's not safe. The atHand Overbed Table System keeps everything within reach.

## Imagine This:

Your loved one is on bed rest after a hip replacement and wants to turn off the lamp that's on the nightstand. She doesn't want to disturb anyone by asking for help with the simple task, so she stretches in an attempt to reach the lamp.



In a split second, she falls out of bed, landing on her wrist. Not only does she have to endure the pain of the injury, but now she needs to revisit the emergency room which will result in yet another large medical bill and an even longer road to recovery.

This is just one example of how having items within easy reach could have prevented an injury that leads to expensive medical costs. These scenarios are more common than you think.

# Did You Know?

- Every **11 seconds**, an older adult is treated in the emergency room due to a fall
- Every **19 minutes**, a fall is fatal
- **87%** of all fractures in the elderly are due to falls
- The average cost of a fall with an injury is about **\$14,000**
- The average cost of in-home care is **\$21 per hour and \$21,840** annually
- A fall that leads to an extended stay in a nursing home costs on average over **\$7,000 per month**

Want to learn more about how the right overbed table can help your loved one? Here are some helpful articles.

- **8 Simple Questions to See Which Overbed Table is Best for your Situation:**

<https://www.integrantllc.com/blog/how-to-choose-overbed-table/>

- **How an Overbed Table System Can Help you Stay Productive while Recovering from Injury:**

<https://www.integrantllc.com/blog/why-choose-hospital-overbed-table-for-home-use/>

- **5 Important Features to Look for in an Overbed Table:**

<https://www.integrantllc.com/blog/how-to-decide-what-matters-most-overbed-table/>

# Compare Our Features to Other Overbed Tables

## Compare Our Features To Other Overbed Tables

	atHand	Hill Rom Art of Care	KIST/Sharper Image	Drive Medical Non-Tilt	Invacare Tilt-Top	Carex	Medline Laminate Top	Stander Independence Table
Weight Capacity	100 lbs	?	100 lbs	40 lbs	25 lbs	50 lbs	70 lbs	30 lbs
Tray Table Swivel	✓	✗	✓	✗	✗	✗	✗	✓
Storage Drawer	✓	✗	✗	✗	✗	✗	✗	✗
Electrical Power Supply	✓	✗	✗	✗	✗	✗	✗	✗
USB Port	✓	✗	✗	✗	✗	✗	✗	✗
Integrated Lights	✓	✗	✗	✗	✗	✗	✗	✗
Casters	3"	2"	2"	2"	1.5"	2"	2"	✗

The atHand Overbed Table System can keep all the important items right at the bedside or chair. This overbed table system offers many features to provide you and your loved one with the peace of mind knowing they are comfortable and safe.



## Key Features Include:

- **Built-in electrical and USB outlets** to keep mobile devices and important electronics charged at all times - no more worrying about reaching or getting up to plug in a device.
- **Additional Shelves and Drawers** to keep important personal items such as medication, food, and beverages, books, and electronic devices, nearby and organized. Plus, you can get an attached trash can to keep the table clean.
- **Adjustable lighting** where you can choose from three brightness levels, with two fully adjustable LED lights. They're perfect for reading and to use as a nightlight.
- **Swivel, slide and adjust the height** of the tray table to your liking or place it beside a chair.
- **Supreme strength and stability** thanks to a wide steel base. The table can hold up to 100 pounds and is built to not wobble or tip over.

It's very important to take every measure possible to create a safe environment. Having a feature rich bedside table can help your loved one focus on recovery, preventing the temptation to get up and risk reinjury.

**Ask yourself this** – is an accidental fall or injury worth thousands of dollars?

Stay confident that your loved one is self-sufficient and safe because they can tackle many everyday tasks with the atHand Overbed Table System by their side.

Act now and get the atHand Overbed Table for the limited-time low price of \$699.99.

## See for Yourself How It Can Help You

